PROFILE



Sl. No.	Particulars			
01	Name of the Faculty	Dr. Ashwini A. Nimbal		
02	Contact Number	9880515100		
03	Email id	drashwinikchadchan@gmail.com		
04	Department	Kriya Shareera		
05	Designation	PROFESSOR and HOD		
06	NCISM Teachers Code	AYUSS00485		
07	Qualification	BAMS, MD, (Ph.D.)		
08	Area of specialization	AYURVEDA SAMHITA SIDDHANT		
09	Professional Experience	UG: 10 Years 5 Months		
10	Publications			
	A) Books	-		
	B) Articles / Papers	-7 Article publications in reputed journals and 1		
		in scopus journal (Specialusis Ugdymas)		
		- 12 Scientific Paper Presentations at National		
		and International conferences		
		-Received I Prize for scientific paper		
		presentation on "Role of Brahmi Muhurta in the		
		prevention of Lifestyle disorders" at National		
		Conference on "Lifestyle disorder" organised		
		by Department of Kriya Shareera, Tilak		
		Maharashtra Vidyapitha Pune, Maharashtra in		
		the year 2019		
11	Seminars / Workshops	-Attended around 30 seminars and workshops.		
12	CME / ROTP Participation	CME – 3		
13	Guest Lectures / Keynotes	Guest Lectures- 13		

14	Research grants received	-Received 1,50,000/- for the project, "An		
		experimental study to assess the role of Asana		
		(Pterocarpus marsupium) in Abaddha Meda		
		(Dyslipidemia)" funded by BLDE Deemed to be		
		University, Vijayapura in the year 2020		
		-Guided UG short term Project of RGUH		
		Bangalore on "To analyze the relation between		
		Deha Prakruti and variables of Lipid Profile"		
		and received 15,000/- grant in the year 2020		
15	Community Work	-Free General Health Check-up camps		
		- Public awareness camp on Ayurvedic Ahara.		
		- Public awareness camp on importance of		
		knowing Deha Prakruti and Ahara-Vihara		
		according to their Prakruti.		
		- Exhibition of working models of human		
		physiology for CBSC school children.		
		- Camps and awareness talk on the eve of Har		
		Ghar Har Din Ayurveda and Azadi Ka Amrit		
		Mahotsava -2022		
		- Swarna Bindu Prashana Camps		
16	Miscellaneous	- Class Coordinator of 1st Professional BAMS		
		- Member, NAAC Criteria VI		
		- Member, SABALA (Women Empowerment Cell)		
		- Member secretary - GRIEVANCE CELL		
		-Assistant Editor of College News Bulletin		
		'Ayurvedamruta' (for the year 2020 and 2021)		
		- College & Hospital Website (Assistant Editor)		
		- College Prospectus Editor (2019)		
		- Participated in organising many National,		
		International Conferences, Workshops, Faculty		
		Development Programmes, Skill Development		
		Programme as Chief Organising Secretary, Organising Member etc. in the Institution		
		Organising Member etc. in the Institution.		